

Northwood Local Schools Menu

2022-2023

Grades PreK- 12th

Lunch Prices:

Students Grades 7th-12th \$3.50

Grades PreK – 6th \$3.25

Reduced Lunches \$.40

Adults \$4.25 Milk \$.50

Serving Line		Monday	Tuesday	Wednesday	Thursday	Friday	Daily
WEEK 1	Lark Lions Line #1	Cheeseburger on a W/G Bun	Beef Nachos Cheese Sauce Tortilla Chips	Chicken Tenders	Teriyaki Chicken	Pepperoni Pizza	Ranger Sub Station Line #4 Made to order Subs offered daily W/G Sub Bun or W/G Wrap Deli Turkey, Ham, Pepperoni or Salami American, Colby or Provolone Cheeses Romaine Lettuce, Tomatoes, Black Olives, Banana Peppers, Pickles, Cucumbers, Asst. Condiments Fresh Salads Offered Daily Made with Romaine Lettuce, Tomatoes, Cucumbers, Egg, Green Peppers, Diced Turkey, Shredded Cheese Be Sure to Check Out Our Special Sub or Salad of the Week! Ranger Sub Station Sides include: Asst. Baked Chips, Fresh Fruit & Milk
	Olney Line #2	Breaded Chicken Or Hamburger	Taco Bar	Chicken Tenders	Orange Chicken	Bosco Breadsticks	
	Ranger Line #3	Pizza Bar	Mexican Pizza	Meatball Sub	Asian Chicken Sub	Pizza Bar	
	Sides for Lines 1-3	Baked Chips Macaroni Salad Peaches	Corn Mexican Rice Grape Salad	Baked Fries Fresh Carrots Apple Crisp	Rice Egg Roll Asian Slaw	Alfredo W/ Broccoli Applesauce	
	Grab-n-Go Line #5	Yogurt, Bagel, Mini Rice Cakes w/ PB cup, or Salad					
WEEK 2	Lark Lions Line #1	Hotdog on a W/G Bun	Walking Taco Seasoned Beef Doritos	Popcorn Chicken	Chili Cheese Baked Fries	Cheese Pizza	
	Olney Line #2	Hotdog Bar	Soft Tacos Beef or Chicken Or Taco Salad	Popcorn Chicken	Chili Cheese Baked Fries	Pretzel Bar	
	Ranger Line #3	Pizza Bar	Quesadilla Bar	Toasted Italian Sub	Grilled Cheese & Tomato Soup	Pizza Bar	
	Sides for Lines 1-3	Mac & Cheese Baked Beans Apple Slices	Lettuce & Cheese Cups Refried Beans Fresh fruit	Mashed Potatoes & Gravy Roll & Butter Jell-O w/ Mixed Fruit	Garden Salad Pears	Cook's Choice Pasta Side Pineapple	
	Grab-n-Go Line #5	Italian Slider, Nacho, Hummus w/ pita chips, or Salad					
WEEK 3	Lark Lions Line #1	Mini Corn Dogs	Macho Nachos Beef Nachos Cheese Sauce Tortilla Chips	Chicken Tenders	Brunch for Lunch!	Pepperoni Pizza	
	Olney Line #2	Mini Corn Dogs	Taco Bar	Chicken Tenders	Brunch for Lunch!	Bosco Breadsticks	
	Ranger Line #3	Pizza Bar	Mexican Pizza	Sweet & Spicy Chicken Sub	Scrambled Eggs/ Omelet	Pizza Bar	
	Sides for Lines 1-3	Mac & Cheese BBQ Baked Beans Fresh apples	Corn Mexican Rice Banana Pudding	Potato Smiley Fresh Carrots Fresh Fruit Salad	Sausage Hash Brown Patty Fresh Juice	Pasta Salad w/peas Pears	
	Grab-n-Go Line #5	Yogurt, Bagel, Veggie Pizza, or Salad					
WEEK 4	Lark Lions Line #1	Cheeseburger On a W/G Bun	Walking Taco Seasoned Beef Doritos	Popcorn Chicken	BBQ Chicken Chunks	Cheese Pizza	
	Olney Line #2	Spicy Chicken Or Impossible Hamburger	Soft Tacos Beef or Chicken Or Taco Salad	Popcorn Chicken	Rockin' Ranger Chicken Chunks	Chicken Parmesan w/ Garlic bread	
	Ranger Line #3	Pizza Bar	Tostada Bar	Hot Italian Sub	Shredded BBQ Chicken	Pizza Bar	
	Sides for Lines 1-3	Baked Fries Pineapple tidbits	Lettuce & Cheese Cups Refried Beans Strawberry Jell-O Salad	Mashed Potatoes & Gravy Roll & Butter Blueberry Crisp	Mac & Cheese Pickle Spear Coleslaw	Spaghetti Mixed fruit	
	Grab-n-Go Line #5	PB&J, Mexican Avocado Salad, Pizza, or Salad					

This Institution is an equal opportunity provider. All Students MUST take a Fruit/Vegetable For a complete meal.

2022 - 2023

Aug-22						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sep-22						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Oct-22						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Nov-22						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Dec-22						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Jan-23						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Feb-23						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Mar-23						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Apr-23						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Mag-23						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Start your day off right!

Breakfast Served Daily

7:40am for Grades 7-12 8:45 for Grades PreK-6th

Breakfast Prices

PreK-6th \$1.50 7th-12th \$2.00 Reduced Breakfast \$.30

Adult \$2.50 Milk \$.50

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice	Scrambled eggs	Ranger Breakfast Sandwich	Cheese Omelet	Pancakes	Cinnamon Roll
Cold Choices Offered Daily	Asst. Cereals	Poptarts	Asst. Muffins	Yogurt	Cereal Bars

Northwood Local School 2022-2023 School Year

MEAL "CHARGE" POLICY:

We realize that sometimes accounts may run low and insufficient funds are not available to cover the entire cost of a meal purchase. Northwood schools has implemented a "Two (2) meal charge" guideline for cafeteria sales For students PreK- 12.

If your student does not have sufficient funds to pay for lunch, we will allow them to charge (2) regular lunches. Any outstanding balance must be paid in full as soon as possible.

You can look up your student's balance on: Pay for it
No other charging or cash transaction are allowed until an outstanding balance is paid.
There will be no exceptions to this guideline.

*An alternate lunch may be provided to students who have surpassed the two (2) charge limit.

(Thank you for your cooperation with our new guidelines that align with USDA measures.)

Free and Reduced Applications available daily, contact Emilia Bires, Food Service Director at 419-691-3888 ext. 2217